

Relax FIR Energy

Improved Blood Circulation • Metabolism • Cellular Renewal

The continuous supply of far infrared energy in the Life Energy Sauna can narrow the molecular angle and reduce the size of water molecules (clusters). Resonant absorption by the body's water molecules, protein, and organic molecules re-harmonizes them, which fully energizes the body's internal molecules and helps dilate blood vessels. Given that blood vessels are now dilated and water molecules (clusters) in the body are also reduced to a healthier active size, blood circulation is much smoother.

When blood vessels are unblocked, blood pressure will not increase. Blood vessels now have better elasticity. Thus, FIR supports prevention of vascular sclerosis (hardening of blood vessels). Incidence of cardiovascular disease(s) will thus also decrease.

Once blood flow is smooth, it can flow throughout the blood capillaries of the whole body effectively and ensure a sufficient supply of nutrition; our metabolic rate will also healthily increase. Muscles and skin regain elasticity and maintain the suppleness of youth.

The elderly often suffer from poor blood circulation and other chronic diseases because nutrients and oxygen cannot effectively be delivered to their cells. This prevents toxins from being eliminated, which in turn, speeds up the cellular aging process. If toxins accumulate inside the body for long periods, the subcutaneous vessels shrink with resulting poor absorption of nutrients. This results in the blockage of pores and the skin loses its elasticity. Perspiration can help detoxify the body which is another healthy benefit of enjoying the Relax FIR Sauna. Conventional saunas on the market may be beneficial but are very pricey while cheaper alternatives do not bring good results. Relax FIR Sauna however is superior in its competitive pricing and delivers superb health-promoting results.

