# Relax FIR Sauna

Unsolicited Emails we have received on the Relax Sauna

### Lyme disease relief - Cellulite reduction - Sweating for 1st time

I bought the Relax Lie Down Sauna by recommendation of a physician. I have suffered for 5 years from lyme disease and heavy metal toxicity. No matter what support I gave my body my health never improved. Little did I know that sweating was the key to open the door to better health. My body was so overburdened by toxins and heavy metals that I have not broke a sweat since becoming ill. I ordered the Relax Sauna one day and it arrived the very next day. I was like a child on christmas morning! I had it ready to go in 5 minutes, I kid you not. It took a couple of days for my body to begin sweating and after that, only two weeks later I am feeling and seeing things happen that I find amazing in such a short time. I sleep, my mind and body is for the first time in a constant relaxed state. The lyme disease had left my nervous system in overdrive and I cannot believe how calm and relaxed I am now. I never had cellulite, ever, until my body became overburdened with toxins. It just seemed to come out of nowhere. Since using the Relax Sauna it is simply disappearing, like melting away!!! It is all quite amazing in such a short time! This by far is the most precious & the smartest investment I have ever made. I thank you with my whole heart Phillip for such an amazing piece of the puzzle to get my health & life back. I am so excited for what lies ahead! / Sincerely, K.G. / Ohio

## Fibromyalgia pain gone - Back Pain Gone - Increased Flexibility - Feeling Good! Relax Sauna ONLY Quality Sauna -- Conclusion After much research!

I bought your Fir Relax Sauna at the Universal Light Expo in Oct 2010 and it has been a Godsend for me. I suffer from fibromyalgia and this sauna has helped me beyond measure. I have been a police officer for many years and this sauna has also helped lower my stress level after a day on the road. You have no idea how great I feel after 1/2 hour in this sauna. Since I am so relaxed when I come out of the sauna my sleep at night is better than it has been in years. It amazes me the amount of sweat that pours from the body from a truly "deep" sweat. This sauna just doesn't touch the surface, but goes deep and you can feel it.

I did much research on different saunas and this one is by far the "only" quality sauna I found. I am at the Expo in October every year and last year the only thing I cared about coming home with was this sauna. Nothing else at the show compared !!!

#### Constant Hiccups, fatigue & headaches gone! Oxygen saturation up!

I purchased a relax sauna from you about 3 weeks ago. Prior to using the sauna, I used to suffer from constant hick-ups, hours of yawning, fatigue, and headaches. I used to have to go in frequently to my doctor to measure my oxygen saturation levels and do oxygen therapy throughout the week. Three days before I started using the sauna, I had just gotten my latest test - only 67% oxygen saturation. I started to use it 15 minutes daily. I just went to see my doctor (3 weeks since my last visit-longest ever) and my levels of oxygen saturation read at 100%. I have not had any headaches, fatigue, yawning, or hick-ups. I feel amazing. I would really like to get this booklet to read. Thank you / C.G. / New York

#### I love the Relax Sauna - Losing Weight Already!

.In 7 days, I lost 4 pounds. I am sleeping better. I feel I am detoxing, as I am kind of tired, in a good way. The Pain around by liver that I have had for a while, is almost gone. I use the Relax Sauna 15 minutes every morning, and 20 minutes before I go to bed. I really Love the Relax Sauna. I think I have 2 friends who want them now. / D.S. / Texas

#### Feeling Bright and Clear - So Easy to Sweat!

I'm absolutely loving the sauna. I've incorporated it into my morning meditation practice, and it helps me feel so bright and clear. I never would have dreamed it was so easy to just sweat my prayers every morning in my living room. Thank you. / T.B. / Ariz